

UNITED WAY *CAREGIVERS COALITION* CAREGIVER LISTENING SESSIONS



PLEASE JOIN US!

Are you providing support for someone who is over age 60 and living with a disability, suffering from a chronic condition, or dealing with a physical or mental illness?

If so, we invite you to **share your concerns at one of our Caregiver Listening Sessions.**

We want to hear about the **challenges** (financial, medical, legal, domestic, etc) that you face **as a caregiver of a senior** in order to develop an agenda and plan that for the *Coalition* to meet those needs.



WHEN:

Wednesday, August 31 at 12:00pm

OR

Wednesday, September 14 at 7:00pm

WHERE:

Verona Community Center

880 Bloomfield Avenue, Verona, NJ



WHO:

Anyone providing unpaid full time, part time, or even long distance care for a parent, spouse, family member, neighbor, or friend over 60 years old



TO REGISTER:

Contact **Deborah Day**

Deborah.Day@UnitedWayNNJ.org

973-746.4040, x209

Light refreshments will be served.

Advance registration is required.

UNITED WAY OF NORTHERN NEW JERSEY *CAREGIVERS COALITION*



CARING FOR OUR CAREGIVERS

Family, friends, and neighbors act as caregivers for the elderly throughout our communities. Often they work alone and are the only support mechanism available for those most in need. Many do this in addition to multiple other responsibilities – job, family, home, children. Caregivers may provide care full-time, part-time, or long distance.

Caregivers care for others, but who cares for them? While the circumstances around each caregiving situation may differ, all caregivers share the need for support and tools to keep them healthy as they navigate this stage of their lives.



United Way Caregivers Coalition recently launched in North Essex to provide support to senior caregivers in the communities of Caldwell, Cedar Grove, Essex Fells, Fairfield, Glen Ridge, Livingston, Montclair, North Caldwell, Roseland, Verona, and West Caldwell.

Modeled on a successful *Coalition* started in 2005 in Morris County, we seek to promote knowledge of, sensitivity to, and action around caregiving issues.



The goals of the **United Way Caregivers Coalition** are to:

- Strengthen services and resources to caregivers of seniors in North Essex
- Improve access to information on caregiving and related services
- Advocate for policy and legislation to improve the quality of life for caregivers
- Identify and respond to gaps in services for caregivers
- Provide opportunities to interact and share information with other caregivers
- Provide educational programs and resource information to caregivers, social service and health care providers, corporations,

If you are an unpaid caregiver ...

If you are a provider of service to caregivers ...

If you are concerned about caregivers ...

Please join us... Contact Deborah Day

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GIVE. ADVOCATE. VOLUNTEER.

LIVE UNITED