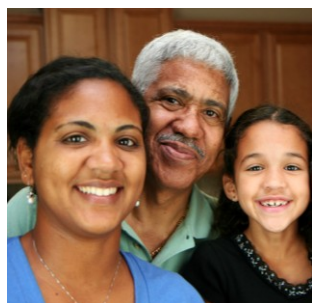


# UNITED WAY *CAREGIVERS COALITION* MUNCH & LEARN EDUCATIONAL SERIES



## CAREGIVERS – JOIN US FOR ONE OR ALL OF THESE FREE DINNER SEMINARS

6:00 – 6:30 pm Mingle and enjoy dinner  
6:30 - 7:15 pm Hear from our expert presenters on the topics listed below  
7:15 – 7:30 pm Learn about the services available at the host facility (optional)



### HEALTH CARE OPTIONS: CHOOSING WHAT IS BEST FOR YOUR LOVED ONE

**Wednesday, May 2, 2012**

Crane's Mill, 459 Passaic Avenue, West Caldwell, NJ  
Presented by Sally Buonomo, Clinical Liaison, Bayada Home Health Care, and Trish Colucci, President, NJ Chapter of Geriatric Care Managers

### NAVIGATING THE HOSPITAL SYSTEM: WHAT EVERY CAREGIVER SHOULD KNOW

**Thursday, July 19, 2012**

Dorson Home Care, 395 Pleasant Valley Way, West Orange, NJ  
Presented by Margaret Janikian, LSW, Social Worker, Case Management Department, Mountainside Hospital



### RESOURCES FOR VETERANS, SPOUSES, AND THEIR FAMILIES

**Thursday, September 27, 2012**

Juniper Village, Main Dining Room, 1<sup>st</sup> floor, 500 Southern Boulevard, Chatham, NJ  
Presented by Jennifer Adams-Barsch, MSW, LCSW, Caregivers Support Coordinator, Department of Veteran Affairs, New Jersey Veterans Health Care System

### A CAREGIVER'S CIRCLE OF CARE: GETTING FAMILY & FRIENDS INVOLVED

**Wednesday, October 24, 2012**

Patient Care, 300 Executive Drive, Suite 175, West Orange, NJ  
Presented by Dr. Suganthini Umakanthan and Rashmi Aggarwal, RN, MSN, APN-C, Center for Geriatric Health Care at Newark Beth Israel Medical Center



### OVERVIEW OF DEMENTIA: RECOGNIZING THE SIGNS AND SYMPTOMS

**Tuesday, November 27, 2012**

Mountainside Hospital, Bayberry Café (next to gift shop)  
1 Bay Avenue, Montclair, NJ  
Presented by Michelle Foster-Carter, Senior Community Outreach Specialist, Alzheimer's Association

**SPACE IS LIMITED. CALL TO RESERVE YOUR SPACE TODAY!**

Contact **Deborah Day** at 973.746.4040, x209 OR [Deborah.Day@UnitedWayNNJ.org](mailto:Deborah.Day@UnitedWayNNJ.org)

Reservations will be accepted until one week prior to the individual seminar (if space is available).

**GIVE. ADVOCATE. VOLUNTEER.**

**LIVE UNITED**