



“So, You’re Thinking of Getting Pregnant?”

Wednesday, September 5th
6:30 p.m. - 8:30 p.m.
HackensackUMC Mountainside
The Bayberry
1 Bay Avenue, Montclair
Light refreshments will be provided.

So you’re thinking of getting pregnant?

Join us for the launch of our new preconception lecture series on September 5th. This is an opportunity for couples to meet Obstetricians, Neonatologists, Pediatricians, Midwives, Labor & Delivery staff, and our da Vinci Robot. Learn about our services and our upcoming lecture series.

To RSVP, call 973.429.6964 or email megan.voytus@mountainsidehosp.com

Preconception Lecture Series

This lecture series is designed to address common questions couples have during the preconception stages, including: Preparing your body for pregnancy, midwifery, breastfeeding, and barriers to becoming pregnant.

September 9

Fertility: Preparing Your Body for Pregnancy
Dr. Alan Fechner, OB/GYN, IVF & Infertility Specialist

November 17

Midwifery: Deliver with a Midwife
Lonnie Morris, CNM, ND and Rachel Seigel, CNM, ND

October 17

Pregnancy 101
Dr. Charles Haddad, OB/GYN

December 12

The 4th Trimester: Breast Feeding & Post Partum Health
Lori Barbalinardo, RN, BSN, Certified Lactation Consultant

Lectures will be held at the School of Nursing Living Room
6:30 p.m. - 7:30 p.m.



Register >> www.mountainsidehosp.com/events or call 1.888.973.4674