CPR Training Center

Class Schedule for 2011

Mountainside Hospital's CPR Training Center offers a variety of CPR courses to meet the needs of our community members. The following is a brief description and dates of courses scheduled for 2011.

A special discount is available for Mountainside Hospital employees and volunteers.

To register and for more information, please call 973-429-6491.

Community CPR and First Aid

Heartsaver Adult/Child/Infant CPR/AED $45

A modular program designed to teach CPR and relief of choking for adults, children and infants. Includes instruction on defibrillation (AED usage) for adults & children, barrier devices, the causes of injuries and cardio-pulmonary arrest in children. Upon successful completion, a card will be distributed. Specifically designed for lay rescuers whose job requires a credential documenting successful completion of successful skills performance or just concerned parents/guardians. (i.e.: security guards, childcare professionals, athletic trainers, preschool workers or concerned citizens.) **Length: 3 1/2 hours, 9:00 am to 12:30 pm**

Basic First Aid $35

The Basic First Aid program is designed to familiarize you with how to recognize and respond to common injuries and medical emergencies. Examples of injury topics covered include broken bones, bleeding emergencies, and burns. Medical emergencies discussed include poisoning, asthma, seizures, heart attacks and diabetic emergencies. Upon successful completion, a card will be distributed. Specifically designed for lay rescuers whose job requires a credential documenting successful completion of successful skills performance or just concerned parents/guardians. (i.e.: security guards, childcare professionals, athletic trainers, preschool workers or concerned citizens.) **Length: 3 hours, 1:00 pm to 4:00 pm**

Heartsaver Adult/Child/Infant CPR/AED and Basic First Aid $70

This class is a combination of CPR and Basic First Aid, with a 30 minute break in between. For a description, see above.

Class Schedule for Community CPR and Basic First Aid

January 30, February 27, March 12, April 23, May 7, June 5, July 31, August 28, September 10, October 1, November 6 & December 10, 2011.

All classes meet at Mountainside Hospital, Bayberry Café (next to the Gift Shop) 1 Bay Avenue, Montclair, NJ 07042